

Reconnecting African Sociology to the Mother: Towards a Woman-centred Endogenous Sociology in South Africa

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Abstract

This paper seeks to respond to the call by Castells (2000) for more practical application of Sociology of the 21st Century, taking into consideration the societies it exists in and the contexts in which they are created. Its primary focus is the challenges that face African Sociology in the 21st Century. It builds on Adesina's (2006a) 'epistemic interventions' by centring Isintu (Indigenous languages in South Africa), languages and matriarchal knowledge histories in the African continent.

The paper makes use of one of the most enduring African knowledge institution – uMakbulu (the elder mother/grandmother), to argue for the potential reconnections of the African Sociology to its society and the context this institution is embedded in. In pivoting around the elder mother in African Sociology, the paper introduces a “matrifocal” sociological understanding of the discipline, shifting the centralising of ‘fathers of the discipline’. The rationale is that in decentralising the hegemonic body of the discipline (‘the father’), the ‘bio-logic’ of the sociological discipline in Africa will be destabilised, thus, developing a sociological narrative that ventures beyond the binaries. The paper explores and integrates the language and values carried by African grandmothers in dealing with socio-political and economic challenges of their societies.

Key words: *African sociology, epistemic intervention, matrifocal, matriarchal knowledge, isintu*

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Résumé

Cet article cherche à répondre à l'appel de Castells (2000) pour une application plus pratique de la sociologie du 21^e siècle, en tenant compte des sociétés dans lesquelles elle existe et des contextes dans lesquels elles sont créées. Son objectif principal est les défis auxquels la sociologie africaine est confrontée au 21^e siècle. Il s'appuie sur les «interventions épistémiques» d'Adesina (2006a) en centrant Isintu (langues autochtones en Afrique du Sud), les langues et l'histoire du savoir matriarcal sur le continent africain.

Le document utilise l'une des institutions africaines du savoir les plus durables – uMakhulu (la mère / grand-mère aînée), pour plaider en faveur des reconnections potentielles de la sociologie africaine à sa société et au contexte dans lequel cette institution est intégrée. mère en sociologie africaine, l'article introduit une compréhension sociologique «matrifocale» de la discipline, déplaçant la centralisation des «pères de la discipline». Le raisonnement est qu'en décentralisant le corps hégémonique de la discipline («le père»), la «bio-logique» de la discipline sociologique en Afrique sera déstabilisée, développant ainsi un récit sociologique qui s'aventure au-delà des binaires. L'article explore et intègre le langage et les valeurs portés par les grands-mères africaines face aux défis socio-politiques et économiques de leurs sociétés.

Mots clés: sociologie africaine, intervention épistémique, matrifocal, savoir matriarcal, isintu

Introduction

South African higher education is recovering from a long history of racial, ethnic, gender, linguistic and geographical discrimination, with different races having separate institutions as early as 1900s until the early 1990s (Mabokela, 2000, Badat, 2009; Rabe and Rugunanan, 2012). Due to major social pressures from the state (legal environment and financial incentives) students movements (#Must Fall movement 2015–2017) and growing academic pressure, South African public universities have shifted from 40 per cent (in 1993) to host 64 per cent of African students in 2008. Today the 26 public universities have more than 1 million students' (both part time and full time) enrolment as opposed to 49 356 in 1994 (Department of Higher Education and Training Report, 2019). In 2018 report, DHET noted that just over 73 per cent of the students enrolled were African, 14, 3 per cent White; 6,2 per cent Coloured and 4,8 per cent Indian. These shifting demographics are followed by changes in gender composition with women students increasing from 43 per cent in 1993 to over 56 per cent in 2008. In 2018, the DHET report also indicated that 58,6 per cent of the students enrolled were female while 41, 5 per cent are male. These demographic shifts have influenced Humanities and Social Sciences disciplines like Sociology to attract mainly female and African students (Rabe and Rugunanan, 2012). On average, a first-year sociology class

will have 420 students with fewer resources for academic staff to support the growing student numbers. In 2018, the University of the Witwatersrand (Wits) Sociology Head of Department published an article on the increasing number of students (1,000 first years) with no parallel incremental funding or human resource support.

Sociology, like other social science disciplines in South Africa, has its academic roots in colonial and apartheid legacies. In South Africa, many sociologists have been very critical of the discipline's history (Magubane, 1968; Jubber, 1983; Ally, 2015); its (lack of) theoretical contributions (Webster, 1985; Sitas, 1997; Dubbeld, 2009; Hendricks, 2006; Mapadimeng, 2012) and its need to transform in order to reflect the political changes in the broader society (Adesina, 2005; Adesina 2006b; Nyoka, 2013; Sitas, 2014). Despite these efforts to inform change in the discipline of Sociology, it continues to experience challenge in cutting its ties to colonial and apartheid legacies. In an effort to connect to the African context and to relate to the majority of its students who are African majority, Sociology is embarking on a relentless journey, through the transformation of its curriculum to consider the societies it exists in and the contexts in which they are created.

Adesina (2006 a) challenged the South African Sociology Association members to practice sociology "beyond despair [and] engage the recovery of nerve, endogeneity and epistemic engagement." As a response to Adesina's (2006a) call to action, this article seeks to encourage the advancement of teaching and learning sociology that relates to and resonates with the majority of the students in South African public university lecture rooms. Adesina's (2008) argument of African Sociology as centring the 'African ontological standpoints' as the point of departure forms the foundations of this paper through IsiXhosa language. We argue that South African Sociology can reconnect itself from the majority of the growing African students in South Africa by tapping into the endogenous knowledge systems often stored in their maternal legacies of knowledge through *umakhulu* (elder mother/senior mother/grandmother in IsiXhosa language). This insertion deals with the foundations of the student 'sociological imagination' that gets traces through *umakhulu* by many leaders in South Africa. As a Mabokela (2000, 111) noted that African students "expressed feelings of alienation" when it came to the South African Historically White Universities (HWUs). To reconnect the students back to their communities and their collective memory, we believe *umakhulu* tends to connect the students to their own sociological imagination. Magoqwana (2018, 82) argues that many African leaders give credit to *uMakhulu* as the major influence in their socialisation and understanding of oral history (Ellen Khuzwayo, Emma Mashinini, Walter and Albertina Sisulu among others).

As a discipline, Sociology emerged, mostly inspired by the problems of a particular context in a specific time (Bhambra, 2011). The body of the discipline has been influenced by the 'bio-logic' of the patriarchal Western narrative, which tends to de-centre the woman and thus universalise colonial patriarchy through this body-centred reasoning

(Oyewumi, 2005). This is why Pierre Bourdieu and Loic Waquant (1999, *On the Cunning of Imperialist Reason*) argue that “the cultural imperialism rests on the power to universalise particularisms linked to singular historical tradition”. It is the “neutralisation of the particular-historical context” that seems to produce global knowledge in Sociology and many other social science disciplines. This criticism of the discipline of Sociology is centered on its ‘classics’, which tend to be used as a canon in universalising European modernity. Adesina (2006a: 242) however asserts, “endogeneity is fundamental to the canonical works of the Western sociology”. It is the embeddedness of the scholarship to its local context that produces local and international relevance. “It is impossible to understand Weber’s writings without situating them within his German context of the late 19th and early 20th Century (Adesina, 2006a: 256). Inspired by Burkinabe Historian- Joseph Ki-Zerbo, Adesina (2006b, 134) linked the need for idiographic rooting of South African Sociology while “opening up the diversity of African libraries -textual, oral, archaeological, etc” to endogeneity that could in turn transform the curriculum to be reflective of the greater black majority of the students in it. In opening up Sociological knowledge to be rooted in the local knowledge systems, South Africa joins the long-standing debates within the broader continent on ‘indigenising’ sociology. The “insistence on historical specificity is not a refusal to be analytically universal” (Mafeje 1991: 7). This insistence on idiographic context is not the absence of the global relevance as many interlocutors need rootedness and local grounding. Endogeneity is not about substituting ‘one erasure for another’ (Adesina, 2006b) instead it is about rooting and “affirmation of one’s locale” (Nyoka 2013,10). The paper uses IsiXhosa ontological narratives of family based on language as the method to find relevance and argue for a plural sociological knowledge, with the motive of producing students with firm ontological security from their undergraduate studies of sociology. The sociology of family is a pivotal example to which we can start expanding the sociological canon to include the previously ignored figures like *uMakbulu* (Grandmother/Elder Mother in IsiXhosa) in sociological family dynamics. In using local references and terminologies to develop conceptual frameworks, we would be moving “beyond making aliens of our students-who sit through courses and with teachers whose epistemic gaze are firmly planted on the global North, and do little to acknowledge the collective memories and sense of being of our wards” (Adesina, 2006a: 243).

The purpose of this article is to promote, encourage and enlighten sociological relevance to African students; a plurality of knowledge systems and cultural significance in what we teach, how we teach and theorise. This paper goes beyond ‘protest scholarship’ but includes the ‘diverse ontological narratives’ (Adesina 2006b) in the present sociology curriculum in South Africa. It seeks to contribute towards what Nyoka (2013, 5) terms as ‘epistemological decolonisation’ by using local languages in conceptualising sociological concepts relevant to the growing African students of sociology. It seeks to move beyond ‘borrowing’ (Hendricks, 2006) of concepts but starting to theorise from the local experiences.

Through a historical and cultural contextual analysis using IsiXhosa as an indigenous South African language the paper endeavours to catalyse the development of “Africa-Centred Sociology” (Carroll, 2014) Furthermore, building conceptual frameworks that promote the understanding of African Sociology through the matriarchal heritage of the continent.

Carroll (2014) argues that ‘African-centred Sociology’ failed to develop in African studies because Black Sociology in the 1970s was invested in white liberal ideologies without centring the African worldview, meaning that, African ontologies, epistemologies, axiology and methodologies were never distinct from that of the European Sociology that the Black Sociology attempted to criticise. This article intends to move away from the temptation of re-inserting European concepts, ideologies and histories that define endogenous sociology. Through the interrogation and integration of African understated matriarchal traditions and thought systems and using indigenous languages, we can begin to further detail, conceptualise and interpret the meaning of African Sociological knowledge.

Re-historisation of the African Sociology to centralise the woman-centric histories within the native context, using the local languages to access indigenous accounts and thus to redefine African Sociology is what this article aspires to achieve while addressing and remedying the disconnections that tend to “disconnect students from their “collective memory” (Adesina, 2005: 31) within the sociology curriculum. This article is not about the history and place of Sociology in South Africa today, but rather, its attempts to contextualise African Sociology on the matriarchal heritage of the continent using the body of *uMakhulu* (IsiXhosa for Grandmother). The place of the elder mother in Africa is one that ties the continent to the concept of “Motherland or mother Africa (which simply means common motherhood) which is a construction of consciousness based on matriarchy” (Amadiume, 1997: 23). Amadiume (1987) argues that the “recognition of motherhood paradigm means that we do not take patriarchy as given”. Seniority and headship in African social structures are not always gendered or chronological.

African Sociology must destabilise and disconnect itself from the sociological approach that centres wholly on the ‘fatherly’³ roots, and connect itself to the ‘mother’ in order to produce sociology graduates with deeper ontological security that are globally competitive. *UMakhulu* forms the pillar of many African communities and households. In positioning *uMakhulu* as the pivotal source to African Sociology, sociological curriculums across the continent will build from the opulent matriarchal histories of pre-colonial Africa, imparting knowledge on how the African woman influenced armies, religious institutions, national economies and political leadership (Steady, 2011). Colonial and religious ideologies and philosophies eroded Africa’s matriarchal structure and were increasingly promoted by ‘neo-traditionalism’, obscured as African culture

3 Invented by Anthony Giddens (see Adesina, 2005: 33)

(Aidoo, 1992: 325). Despite the elderly woman's body deemed as unproductive and 'domesticated', this is the central figure in young people's lives that gives authority and share resources with the children. This is the figure in the rural South Africa today that provides food and share her social security income with growing unemployed young people including the recent graduates. This is why, we cannot assume that umakhulu is 'unproductive' as the capitalist system requires able and younger bodies to ensure capitalist production system continues. This is not a new phenomenon in South Africa as the colonial and apartheid labour migration in system, *umakhulu* stayed in the 'reserves' performing reproductive labour to supplement the cheap labour system paid to black man in the mines (Cock, 1989; Ntantala 1960). Through her presence, stories (*amabali*) folktales (*iintsomi*) and stories of origin (*amabali emvelo*) she provides what Tisani (2008) call 'foundations of historical knowledge' and thus expanding the children's imagination. In her interview on Motswako⁴ one of the guests Bondi Ndaba⁵ shared similar beliefs about her abilities to write and produce films and drama on television. She credited her abilities to tell and write stories to her grandmother in the rural, Eastern Cape. She states that through Makhulu's ability to tell stories and letting the children tell their own stories, she became the 'conscious storyteller' that she is today. Ndaba has written and produced stories for Generations (see Ndayi and du Plooy, 2019), *Uzalo*, *Muvhanga*, *Isidingo* and many short films that attract millions of viewers in public broadcasting in South Africa. She captures the essence of uMakhulu as the source of sociological imagination when she says:

You can't have history and heritage without storytelling, because all our history and heritage is passed on through storytelling, this is how we grew up with our grandparents telling us stories... When I was growing up with my grandmother in the Eastern Cape, before I moved to KZN [KwaZulu Nata]..my grandmother used to tell us stories. Sometimes my grandmother was lazy so she made us tell each other stories, because we were cousins and you know grandmothers' houses were filled with cousins...she wouldn't have the time and she'd tell us to tell each other stories. We would tell each other stories and that is where I think my storytelling (Ndaba, B. Interview 17 September 2020).

UMakhulu, the Grandmother, is a model that we can apply in our curriculum in sociology to deal with inherent questions of relevance and coloniality that seems to linger in our discipline. In this paper, the body of *uMakhulu* could help us model a fresh, African relevant sociology that reflects the roots and future of knowledge-making respective in African societies. In attempting to re-historicise and centralise local context, Adesina (2005) suggests that urgent 'epistemic interventions' are colossal in producing the less

4 SABC 2- (South African Broadcast Corporation) talk show with 20 seasons mainly focusing on women issues show using the indigenous language to speak on current issues facing and celebrating women <http://www.sabc2.co.za/sabc/home/sabc2/shows/details?id=77ace05b-bbb5-4362-8792-6da8b33fca41&title=Motswako>

5 https://www.youtube.com/watch?v=_ea3NsfYqEw&xt=20s Interview from 09:01 minutes. Accessed on the 17 September 2020

“alien students or schizophrenia” to the majority of our students (Adesina, 2005: 31). As Archie Mafeje argued, “knowledge is local before it can become global” (Adesina, 2006a: 242). Hence the notion of “Africanity as combative ontology”. *UMakhulu* forms the foundation and pillars of sociological imagination in developing a curriculum that produces future African leaders with *isazela* (conscience—ethical accountability of being) (Khondlo, 2015). Not just political consciousness. Many African leaders have detailed the influence of their maternal heritage in their leadership tactics and histories including but not limited to -Walter and Albertina Sisulu (Sisulu, 2015); Tiyo Soga (Tisani, 2020); Hassim (2019) details the grandmother’s influence on the character and leadership values of one of the most influential women leaders in the South African liberation struggle, Winnie Madikizela Mandela.

While the lineage that mattered in Winnie’s heroic narrative was that of her father, Columbus, the authoritative figure was Winnie’s grandmother, called *Makhulu* by her grandchildren (‘an extraordinary woman who exercised a great influence on us all’) She was a role model (‘tough, robust [...] with the physique of a fighter [...] she taught me the power and strength of a woman’). *Makhulu* rejected the modern, Christian and westernised aspirations of the amakholwa, a group that included Gertrude’s family. Instead she emphasised stories of anti-colonial resistance. From her grandmother, Winnie derived a sensibility of race. In part this was by way of a rumour about Gertrude’s white ancestry (Hassim 2019, 1155).

Central to the work of Ifi Amadiume (1997) is the ‘matriarchal foundations of social organising’ in the African societies where a mother becomes a central figure in the economic and political organisation of society. These maternal histories and how they connect to the contemporary women’s struggles for recognition are still yet to be systematically connected to the curriculum that most of the students can relate to as many students can relate to this history that shape their ontological and epistemological foundations.

Motherhood and Bodies that Matter

In developing a chronologically relevant African history, Cheikh Anta Diop (1991) argued for the historical depth of the African political systems. He observed that African systems were at the core, matriarchal “using inheritance and succession through the female line” (see also Amadiume, 1997:7). The existence of matriarchal structures in most African societies is documented in the works of various African scholars. Ifi Amadiume (1997), Oyeronke Oyewumi (1997), Filomena Steady (2011), Patricia

Romero (2015) have all detailed the contribution of women in politics, institutions of knowledge, kinship, armies and markets in African empires and kingdoms. Articles, journals and books published by female authors concerned with matriarchal structures; Ifi Amadiume (1997), Nomboniso Gasa (2007), Filomena Steady (2011) Nkiru Nzegwu (2005), Oyeronke Oyewumi (2015), and Zine Magubane (2010), show a direct link between the concept of motherhood and political resistance in Africa. Despite the disparagement of the contribution of motherhood in pre-colonial African political histories; Jeff Guy (1987), Cheryl Walker (1982, 1991), and Bakare Yusuf (2004), this paper maintains that motherhood principles still provide a unique framework through which African feminists can start building an inclusive social order. Motherhood is not “individualistic. It is community-oriented, all-inclusive, life-giving, life-sustaining and life-preserving” (Oyewumi, 2015:220).

This African matriarchal heritage might come across as a folk tale in the face of the Western patriarchal social order, where women are marginalised and relegated to private spaces, with a restricted capacity to resist this encompassing patriarchal order. This battle is not unique to the African woman alone. Western feminists, activists, in particular, have been fighting gender for equality for decades, seeking the same positions in the corporate and public sphere, denouncing their role as “housewives of the capitalist system” (Mies, 1998) which bred the man as the only head, thinker, provider and protector. The productive role played by African women in their private and public spheres was, and is not limited to their ‘body type’. Oyewumi (1997) argues for seniority as a system used to allocate and negotiate power in pre-colonial African Yoruba societies.

The notion of motherhood has been used by eco-feminists to understand and reimagine the relationship between science and nature. The exploitation of Mother Nature by patriarchal science has exacerbated the environmental degradation linked to abuse and violence against women. Shiva (1988, XV) contends that “The new relationship of man’s domination and mastery over nature was thus also associated with new patterns of domination and mastery over women and their exclusion from participation as *partners* in both science and development”. This marginalisation of women from science is used as an argument by Shiva to reconnect us to the ‘feminine principle’ of nature, which was destroyed by the patriarchal, fathers of modern science. Vandana Shiva (1988), Maria Mies and Vandana Shiva (2014) have argued against science that sees women and nature as raw materials to be dominated, violated and exploited for capitalist interests. Shiva (1988: XIV) explains that “the violence to nature, which seems intrinsic to the dominant development model, is also associated with violence to women who depend on nature for drawing sustenance for themselves, their families and their societies”. The binary manner of relating to nature as a source of raw materials without taking into consideration its sacredness, being a producer of life, was used in Western Science to degrade the environment while killing biodiversity and indigenous societies. Shiva argues that the violence to nature by the patriarchal science needs to be reversed in how

we treat nature and preserve the biodiversity for the future to feed society. The principle of life preservation (nature as a mother) and nurturing of nature is used by eco-feminists to reverse the environmental crisis informed by patriarchal modern development models. Means (2011) agrees with this approach by affirming that “matriarchy is the solution in dealing with colonial and patriarchal violence that continues to define our relationship to “earth” (our grandmother).

Using the concept of motherhood as the paradigm shift towards building Africa centred Sociology, we need to destabilise the ‘fathers’ body’ in the discipline and redefine the ‘body of the discipline’ through this ‘matrifocal’ approach’. The matriarchal principles of community orientation, life preservation, life-giving and life-preserving sociology in Africa is needed to advance an inclusive and less binary discipline informed by motherhood. Amadiume (1997:23) refers “to the moral compulsion of love and unity based on the spirit of common motherhood when we say our motherland or mother, Africa. We are constructing a collective identity or consciousness based on matriarchy despite our differences and contradictions”. This paradigm shift towards the spirit of the mother comes alive when we centre *uMakhulu* in the African home. Many of us can relate very as siblings of the ‘same mother’ despite being born by different fathers (Adesina 2010: 12), *uMakhulu* provides a frame to which we can begin to understand these relations beyond the binary thinking that centres the father in a continent where motherhood has been used as a political tool. She helps develop our own sociological imagination by teaching us what we know and how we know it. We need to start designing tools that can make us interpret, theorise and make meaning of the community in which we are situated in Africa.

On Indigenous Languages, Family and *uMakhulu*

Magoqwana (2018) vindicated the use of the term- *uMakhulu* to argue for this long-established institution of knowledge in the Xhosa/Nguni households. *UMama-Omkhulu* is a primary source of knowledge in isiXhosa. This is to avoid the inherent epistemological challenges provided by ‘grandmother’ in re-inserting the notion of ‘extended family’ as the norm. The idea of *uMakhulu* can also refer to *UMo’Mkhulu* (Senior Mother) who is not a direct Mother’s or Father’s Mother but Elder Mother’s or Grandmother’s Sister. According to Ntuli (2002: 54) “language represents a specific worldview and ontology” which is why *uMakhulu* rather than ‘grandmother’ is maintained throughout this paper. Amadiume (1997: 1) supports this understanding by saying

One of the dangers of having our feet stuck in Western-produced literature is the tendency to use European terms and expressions uncritically when addressing non-European cultures and experiences. The

history of European imperialism and racism means that the language, which aided that project, is loaded with generalised terms, which do not necessarily have a general meaning but serve a particularistic interest.

The use of the term *uMakhulu* attempts to contribute to local concepts rather than adopting ‘imposed categories, theories and paradigms’ that are often unfit for local conditions (Adesina, 2006a). In redirecting the deep disconnections of the Sociological curriculum from its current context in Africa, we adopted a native South African language- isiXhosa to help understand the disciplinary concepts. For example, the term society could be translated to ‘*uluntu*’ (directly translated, meaning people). This concept is significant in appreciating the nature and approach of understanding the African (Nguni terms) society as *kwantu* (descendants of ‘ntu’) which ought to be the centre of the approach and subject matter of African social organisation. The basic first-year questions of Sociology asks the question of society to include the conflict between the individual/group; structure/agency; and nature/nurture. These concepts which tend to be put in opposite could be theorised differently if we take the idea of the African “personhood” *umntu* beyond individualism (imposed by the colonial capitalist system). The idea of *umntu/motho* (a non-gendered term for a human being) and its links to *uluntu*—society, *abantu* (people) and *ubuntu/botho* (humanity) could help us make sense of the limitation of growing individualism within the capitalist society. Similarly, concerning Nnobi social structure, Amadiume (1997:19) notes the “non-gendered universalistic term for common humanity, *nmadu*, human being, person as opposed to the European collective, monolithic, male-gendered concept of man”. This gendering of language has produced a ‘native’ as a male in liberation theorists like Frantz Fanon (Oyewumi, 1997:121). The idea of communitarian understanding of the society in indigenous African communities did not just refer to be ‘human only’.

For example, when Xhosa people say “someone is human” (*ngumntu*) and similarly, someone could say that “someone is not human” (*akangomntu*). This understanding is based on “commitment to the surrounding community” (Mfecane, 2018:18). *Ungumntu* (you are human) - when you enhance the wellbeing of others in society. Ramose (2015:71) reinforces the point that the complementarity of relations between the ‘self and other’ makes it impossible to put the self at the centre. This means both the individual and collective cannot exist independently of each other, hence the saying “*motho ke motho ka batho*” (Sesotho Proverb meaning, “to be human is to affirm one’s humanity by recognising the humanity of others”). This concept of studying society as *uluntu* helps us explain the absence of the “other” (marginalised being) in indigenous African languages. “Othering” is a Western constructed weapon used to “understand” how society is structured globally. Centring indigenous languages in how we understand the social organisation of different African societies may mean using different ways in which the societies were structured and people were allocated status rather than using

categories that tend to 'other' ourselves. In the absence of the 'other' in this understanding of society, we may begin to see social stratification differently in sociology. Naming and defining ourselves in our societies could help our students reimagine the idea of structure/agency; self/other; individual/society; urban/rural; modern/primitive and many other binaries that tend to define sociological thoughts in undergraduate studies.

By implanting indigenous African languages as a source of knowledge to build African Sociology curriculum, we could deal with the particularistic and gendered notions of family, where the nuclear family dominates the conception of family. Centring language and *uMakhulu* in our sociological knowledge will invariably translate our meaning and understanding of family to include the extended family, rather than a qualifier on the idea of "nuclear family." African family relations and structures tend to be webbed and complex. They stress "mutual obligations" to different members of the family, for example, *umalume* (mother's brother), *udabawo* (elder brother's sister), *umfazi* (wife), *umakazi* (aunt), have different roles and obligations towards children (Mqotsi, 2006:38). The role of *umalume* (maternal uncle) is one of the most significant roles to be occupied in Nguni communities for his obligation of chief negotiator for *lobola* and plays a pivotal part in rituals (Ngubane, 1977:54). This role of *umalume* is fundamental, particularly if the mother is deceased. *Umalume* essentially becomes the "mother" hence '*uma*' prefix for a woman (*ma* = mother). This vital role for many African men is critical for the social reproduction in the African family as the obligations and duties of the maternal uncle towards *abatshana* (nephews/nieces) can overtake his role as the father to his own children (Tlali, 1989:14-15). *uMalume* tends to be very indulgent towards the sister's children. "He is not supposed to refuse *umtshana* (nephews or niece) any reasonable demand. When we start centring the values and obligation of members of the "extended family" we can pause and ask sociological questions about the socio-economic conditions that have fostered changes in the responsibilities attached to 'extended' family members in the reproduction of family.

The family unit and social organisation of the African household is supposed to form the basic first-year sociology understanding of the 'sociology of family'. The normative understanding of the 'nuclear' family in explaining and designing public policies is symptomatic of the absence of the basic foundational knowledge about the African social structures. The centring of *uMakhulu* in our curriculum building would make it hard for an African Sociology graduate to not understand and relate to this social structure and thus, the understanding of the "extended" family.

The different understandings of *umzi* (homestead) and *indlu* (house) form a significant part of how resources are shared and belong through age and seniority. The latter is complex and not just by age. Oyewumi (2015) argues that age as the form of social organisation in Yoruba culture is not 'chronological', an understanding shared by most African cultures, including the Nguni cultures. For instance, a new bride (*umakoti*) is treated like a perpetual 'outsider' despite her age until she is accustomed to the taboos,

norms and customs of *umzi*. When she finally has *umzi wakhe* (her own homestead) she is then treated differently by *amadodakazi* (husband's sisters). The intricacies and complexities of the African family and its social organisations if prioritised could provide a deep sense of belonging and understanding of the greater society within African Sociology. A more enlightened interpretation of African family social structures can lead to a more illuminated understanding of African socio-economic challenges faced by their households. Using indigenous African languages and context-sensitivity means that social formations of each society cannot be studied outside its ways of knowing and being.

Matriarchs, Methodologies and African Sociology

UMakhulu, as the institution of knowledge, could help us connect the oral chronologies with contemporary sociological techniques of excavating data. African Sociology ought to connect its communities through oral traditions inherited by *uMakhulu* through song, rhymes, dance, *iziduko* (clan names), *amabali emvelo* (stories of origin), and *iintsomi* (folktales). African Sociology has not sufficiently explored and accessed indigenous history and African epistemologies. Mafeje (1967) and many other African Linguistics academics and authorities, including Maseko (2018) and Mkhize (2018) have begun to mine African historiography insights using African oral sources in South Africa today. Mafeje (1967) advocates for *imbongi* (praise bard) as a critical interlocutor in keeping history and oral citations of the community. Mafeje (1967) was critical in emphasising the translation of *imbongi* to 'praise singer' as opposed to the role of a social critic. Our sociology curriculum could be enhanced by inserting 'orality' as the norm in investigating African communities' social organisations. The connection between history and biography is enkindled when one recites their clan names (*ukuzithutha*). These recitations proclaim to locate (amongst other proclamations) *imvelaphi* (origins and geography) of a particular clan. Through using *iziduko* and African indigenous languages, Mkhize (2018) is re-reading the history of *ibali laMamfengu* (*the Mamfengu history*), which dominated history debates in the 19th Century. Accessing African national, communal and clan history through oral recollections will not only help the collective binding of African Sociology scholars to their societies and contexts; it will evolve the study of the development, structure, and functioning of African societies.

Sociologists concerned with the development of the discipline in Africa are vital and necessary in guiding respective societies by interpreting the meanings of songs, dance, folktales and poems so that African people understand how societies name, value and organise themselves. The grossly inadequate utilisation of collecting oral records as principal research methods in sociological methodologies reflects the profoundly disconnected ways in which sociological knowledge is acquired in Africa. The insertion of

uMakhulu as a source of knowledge could also challenge gendered oral traditions. Tisani (2000) notes that in the Eastern Cape (isiXhosa/Nguni) history, the woman's voice has been negated. The "patriachalisation of oral histories" according to Oyewumi (2005:171) is the result of the misinterpretation of indigenous languages by the missionaries who used the English language to translate data in its gendered ontologies. *UMakhulu*, for many of us, connects history and biography through her use of *amabali* (stories) and *iintsomi* (folktales) during socialisation of many African children, and her contribution to history must be restored through sociology.

Herbert Vilakazi, (2002) urges sociologists to 'visit' their 'uncertified knowers' and listen to them "as (they are) Anthropologists in their own land". Tisani (2018:18) solicits for the epistemological 'cleansing' (*ukuhlambulula*) of the European methodologies and orientation that has defined African scholarship in higher education. The cleansing process must involve African scholars, thought leaders, academics and educators going back to learning and studying the meanings of the idioms, proverbs, stories, folktales, songs, clans, totems, educational (nursery) rhymes, *etcetera*, of the indigenous communities they seek to understand. "In the African world, change and healing is sought through *ukuhlambulula* - cleansing - inside and outside, touching the seen and unseen, screening the conscious and unconscious. In African thinking "there is an interconnectedness of all things" (Tisani 2018:18). A connected African Sociological knowledge will have to dedicate considerable time and cognitive application to resurrect these traditions of detailed ethnography to produce empirical work and start theorising our local knowledge systems. Africa must decess the exportation of knowledge data to the North for "processing" and theorising and begin to develop sound academic infrastructure locally (Adesina, 2006a; Nyamnjoh, 2012; Hountondji, 1990). It is this deep, rigorous and rich sociological knowledge which is possessed by indigenous 'uncertified' knowers of our communities that will help us rethink and remodel the sociological knowledge that will build ontological security in majority of the students in the South African sociology classroom.

UMakhulu – The Foundation of Sociological Knowledge

UMakhulu provides foundations of sociological imagination (Mills, 1959), where she narrates stories and folktales that expand children's sociological knowledge about their society. This imagination is reinforced by *iziduko* (clan names) which link nature to humanity. Through *iintsomi* (folktales) and *amabali* (storytelling), *uMakhulu* becomes the transferor of oral history through storytelling and teaching around *iziduko* (clan names). Literacy among many African children starts with 'reading the Bible' as the primary tool of reading skills from *uMakhulu*. Chinyama (2017:111) mentions that

I now call South Africa home, as the place I came into my womanhood. Through, tales told by grandmothers, I have also come to learn that, on my maternal side, my people came from South Africa and migrated to Zambia less than one hundred years ago.

Oral history storytelling seems to be the speciality of the *uMakhulu* who often nurtures the children of her community and illuminates life to all without necessarily having children of her own. Magona Sindiwe's (1990) *To my children's Children* – Preface from the Xhosa Grandmother, concludes by saying “How will you know who you are if I do not or cannot tell you the story of your past?” Connecting biography to history (Sociological Imagination) is *uMakhulu's* speciality as she keeps the records and documentation of the family in a safe box. Nkosinathi Biko credits his *Makhulu* for the biographical works we have come to learn about Steve Biko, his father as the *Makhulu* documented all the records for Biko.

Despite the duties of the *uMakhulu* as history narrator for children, her knowledge is not linked to the formal institutions of learning. *Iziduko* (clan names) for instance does not form part of South African history curriculum or Sociology of family for that matter. To acknowledge *uMakhulu* as an institution of knowledge is to start looking at the ‘history curriculum’ differently along with its methodologies. This means that we must begin to use the educational institution as the foundation to children’s curriculum and ways of teaching (through *intsomi*) while developing a more accessible and complimentary history and introduction to sociology curriculum that sees the African household as part of learning spaces rather than divorced from knowledge. Talking about the School of Ibadan History curriculum, Adesina (2006a:253) notes,

...the stories I read were my stories, told by my people! I did not encounter history as something alienating and disconnecting from my pre-school self and self-worth. University was an inspiring continuation of what I had learnt on the knees of my grandmother.

UMakhulu provides an inclusive and well-rounded approach to learning and knowledge acquisition, without segmenting and disconnecting it to everyday life. Her teaching on environmental awareness through recycling and the use of organic material in African households is indicative of this institution in seeing the environment, society, and spirituality as a connected unit. Recycling and the use of organic material have been part of this institution long before we were aware of its environmental benefits. For example, the use of *Ubulongwe* (cow’s dung) in reinforcing and cleaning rural homes, recycling of clothes (hand me downs), tins for utensils and saving water are some of the methods that make *uMakhulu* an institution for survival and sustainable

knowledge. *UMakhulu* is in herself, an essential institution to the sustenance of our environment, spiritual and economic makeup. She provides a critical untapped formal model of organising knowledge in an accessible and restorative manner. As a form of pedagogy, *uMakhulu* helps us to deal with enduring challenges that have shaped our 'body of knowledge' as she contributes towards imagining innovative ways of acquiring knowledge.

Ukubuyisa: Reconnecting with Maternal Ancestors of Knowledge

Using elders to access knowledge in Sociology is not new. *Abadala* (elders) are referred to as living ancestors in Nguni cultures. In Xhosa and Zulu languages, ancestors are also known as *abaphantsi* (those who are down below), *amathongo* or *ithongo* (departed spirits), and *amadlozi* (the departed) (Ngubane, 1977:51). Ancestors are typically concerned with the health and wellbeing of their people. After the process of *ukubuyiswa* (integration back to the family as the spirit through a ritual ceremony- direct translation meaning to return), they dwell as invisible bodies in our societies (Ngubane, 1977:56). The most stubborn ancestors for the process of *ukuthwasa* (preparatory tutelage and mentoring of traditional healing) are the maternal ancestors. Also, the "old woman is usually persistent in the context of an overdue *buyisa* ceremony. As a parent, she can afford to be harsher to her children and even to her husband" (Ngubane, 1977:55). The spirit of our maternal grandmothers longs for integration (*ukubuyiswa*) in how we know what we know.

Tapping into the work of the maternal ancestors troubles the motherless sociology by *ukubuyisa* (integrating) the mothers back to sociological knowledge foundations. The absence of the maternal ancestors as archives of knowledge means that we are unable to connect African students to their 'collective memory' and therefore disabling African students. Reading the work of Fatima Meer (*Race and Suicide*) as classic means that we expand beyond Emile Durkheim's study of suicide as the canon. Centralising the works of Ellen Khuzwayo (*Call Me a Woman*) as part of the critical gender introductory courses along with its historical account of violence instead of just Frantz Fanon we are then able to balance our intellectual ancestors to include the power of maternal ancestors. One of the prominent Black feminist writers- Gloria Watkins⁶, was influenced by her great grandmother to write the most acknowledged Black feminist texts under her great grandmother's name – bell hooks. hooks herself and her works of over 30 Black feminist books on race, class, gender, culture, arts including children's books have become the canon and influenced many Black women thinkers. Her maternal great grandmother and her positionality as a Black woman in America inspired most of these canonical

6 <https://www.thoughtco.com/bell-hooks-biography-3530371>
<http://www.theheroinecollective.com/bell-hooks/>

texts by hooks. The late Toni Morrison, one of the great literature writers of this Century, has also shared the impact and influence of her grandmother in her writings (Morrison and McKay, 1983). Morrison's work, which theme on Black experience and mother-daughter relations have all become distinguished in literature, allowing many Black writers to have a space in centring Black experiences in their novels. Both these African women writers have joined a lineage of the African women writers who wrote through the ontology of *uMakhulu*. The importance of the maternal ancestry in our sociological knowledge could help us return (*ukubuyisa*); heal and cleans our sociological canon out of its colonial, exclusionary and elitists clutches of knowledge production in Africa. When Tisanai (2018) calls for *ukuhlambulula* – cleansing, it means we need to resuscitate the spirit and memory of our *Makhulus* to form the foundation for sociological imagination.

In positioning elderly African women as a source of sociological knowledge, we tackle the 'bio-logic' (Oyewumi, 1997) that has created a hierarchy in knowledge production. The centralising of *ooMakhulu* (*grandmothers*), *makazi* (aunts), *ooDaba* (father's sister), etc. will assist our sociological enterprise in reshaping its body of knowledge and provide an inclusive understanding of society beyond binary thinking that has defined this motherless sociology of our time.

If our ancestors are interceding on behalf of the majority of African society (*uluntu*) in correcting and improving sickness, purpose seeking and employment, socio-economic status, etc. then how is it possible that we have negated such a powerful vessel of sociological explanations about the African society? If the ancestor is our archive (Tisani, 2017) to which we must pay attention to factors "troubling" (*inkathazo*) our communities, then why has their knowledge been neglected and categorised as irrational, primitive, even 'barbaric' and not science? This kind of knowledge has been used to heal and locate misfortune and suffering in different African societies. It is through *ukubuyisa* of *ooMakhulu* that we de-centre the secular nature of the father's discipline in how it seeks to negate the 'African elders' as the source of knowledge.

Conclusion

Instead of maintaining hierarchies and evolutionary approach to sociology (Bhambra, 2011), this article has sought to create reconnections to African maternal histories, using Nguni languages in South Africa. This is an attempt to reconnect African Sociology to reclaim, restore and start theorising while conversing with the world in African terms and categories.

This article re-emphasises the calls for historical depth in empirical work using indigenous language as a source of knowledge to understand the indigenous communities to contribute meaningfully to the global sociological conversations. Archie Mafeje's major contribution in social science stems from understanding the ontological

foundations of language. His classic paper on *Ideology of Tribalism* was based on his deep connection to indigenous languages. He argues that there is no indigenous language with 'tribe' as a term of reference to others across the African continent. In re-inserting the matriarchal foundations of the continent through endogeneity the sociological imagination of the students in South African sociology curriculum begin to feel the relevance and relatable nature of the discipline to their households. This emphasis on endogeneity accessible through indigenous language terms and concepts we will also deal with the disconnections that separate the graduates from the socio-economic conditions they tend to join later after graduating from a sociology degree. Using the terms like *uluntu* (society), *ubuntu* (humanity), *umakhulu* (elder mother/grandmother), *umalume* (maternal uncle) we have attempted to formulate a pluralistic understanding of the Sociological concepts and their ontological meanings in how sociology can expand its language to include the growing African and female students in the classroom today.

If the urgency of the changing demographics in South African higher education are not taking into account the languages of the majority of the sociology students and their histories, this will eventually pose a challenge to the relevance of the sociological degree in South African Sociology. We have a wealth of knowledge systems that go beyond the secular epistemologies that have defined the sociological knowledge. The kind of sociology we need today is the one that can restore hope, detail and rigour in its commitment to heal African communities from centuries of colonial knowledge systems and start towards building a healthy society.

The paper concludes by arguing that, if we are to define life away from raging patriarchal and discriminatory societies we will need to pay attention to how women are represented in the curriculum and broader production of knowledge. By *ukubuyisa* our maternal heritage through the ordinary knowledge from *oomakhulu* we will be re-inserting dignity and firm ontological existence that gives a sense of belonging to most of the students in South African classrooms.

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